

Therapy Resources by County

Anderson, Franklin, Scott & Woodford Counties

New Vista

24/7 Hotline: 800-928-8000

Accepts Medicaid, Commercial, and Private

Insurances; sliding scale fees for uninsured

Psychiatric Services, Substance Abuse, Case Management

Anderson County

502-839-7203

1060 Glensboro Road,

Lawrenceburg KY 40342

Franklin County

502-223-2181

191 Doctors Drive,

Frankfort, KY 40601

Scott County

502-863-4734

110 Roach Street,

Georgetown, KY 40324

Intrust Healthcare

859-252-0003

3320 Tates Creek Rd Suite 210

Lexington, KY 40502

Also Serves Anderson, Franklin, Scott & Woodford Counties

Accepts Medicaid and Commercial Insurances

Trauma Informed Therapy, Grief Counseling,

Case Management, Substance Abuse,

Parenting Support, Couple Group & Family

Therapy, Problem Sexual Behavior Therapy

Ampersand Sexual Violence Resource Center

859-253-2615

859-270-1107 (Frankfort Office)

2025 Regency Rd

Lexington, KY 40503

Also Serves Anderson, Franklin, Scott & Woodford Counties

Free Services

LGBTQ+ Friendly

Crisis Counseling, Individual Therapy, Group Services

KVC Kentucky

859-254-1035

2250 Thunderstick Dr. Suite 1104

Lexington, KY 40505

Accepts Medicaid and Commercial Insurances

In-Home Services, Trauma-Focused Therapy,

Psychiatric Services, Case Management

Kentucky Counseling Center

855-591-0092

1500 Leestown Rd #232

Lexington, KY 40511

Also Serves Franklin County

Accepts Medicaid and Commercial Insurances

LGBTQ+ Friendly

Psychiatric Services, Case Management

Bluegrass Care Navigators

800-876-6005

859-277-2700

1733 Harrodsburg Rd.

Lexington, KY 40504

Also Serves Anderson, Franklin, Scott & Woodford Counties

Free Services

Grief support services

Therapy Resources by County

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Lexington Counseling and Psychiatry - Offices of Paul Dalton

859-338-0466

105 Diagnostic Drive, Suite B

Frankfort KY, 40601

Accepts Medicaid and Commercial Insurances

Christian Orientation

Trauma Focused Therapy, Problem Sexual

Behavior Therapy, Play Therapy, EMDR

New Life Counseling Services, LLC

859-309-2384

522 Steele Street

Frankfort, Kentucky 40601

Accepts Medicaid and most Insurance; offers
sliding scale fees

Problem Sexual Behavior Therapy, Trauma-

Focused Therapy, Substance Abuse

Life Stance Health

859-297-6723

649 Chamberlin Avenue

Frankfort, KY 40601

Accepts Medicaid, Medicare, and Commercial
Insurances

LGBTQ+ Friendly

Substance Abuse, Couples Therapy, Grief

Counseling, Problem Sexual Behavior Therapy,

Medication Management, EMDR

Healthy Minds Counseling Services

502-783-6030

2225 Lawrenceburg Rd. Building A.

Frankfort, KY 40601

Accepts Most Insurances

Trauma focused therapy, Play therapy, Grief
support

The Sunshine Center

502-875-3495

208 Steele St.

Frankfort, KY 40601

Free Services for Franklin County Residents

Parenting Classes specific for victims of abuse

Deaton and Deaton Counseling Services

502-209-7817

1100 US 127S Suite C4 & D4

Frankfort, KY 40601

Accepts Most Insurances; offers sliding scale
fee

Faith-Based

Trauma Informed Therapy, Grief Counseling,

Play Therapy, EMDR, Substance Abuse,

Parenting Classes, Group Counseling, Family,

Individual, and Couples Counseling

Helme Family Counseling, LLC

859-753-7196

202 Frankfort St Suite 104

Versailles, KY 40383

Accepts Most Insurance

Outpatient Mental Health, Trauma Informed

Therapy, EMDR, Play Therapy

Therapy Resources by County

Anderson, Franklin, Scott & Woodford Counties

Marshall Pediatric Therapy

502-316-6180

117 E. Jefferson St.

Georgetown, KY 40324

Accepts Medicaid and Commercial Insurances

Christian Orientation

Speech and Occupational Therapy, Family Therapy, Parent Support

Crossroads Counseling Center

859-800-5353

409 W New Cir Rd,

Lexington, KY 40511

Accepts Most Insurances

Domestic Violence Counseling, Anger Management, Substance Abuse, Parenting Classes, DUI Outpatient Programs, Grief Counseling, Individual Therapy

Harmony Farm, LLC (Creative Counseling)

859-537-9779

2689 Frankfort Pike,

Georgetown, KY 40324

Accepts Most Insurances

Trauma Treatment, Play Therapy, Parent Child Interaction Therapy, EMDR, Narrative Therapy, Animal-Assisted Psychotherapy

Counseling Partners of Kentucky

859-951-9777

204 Bevins Lane Suite A

Georgetown, KY 40324

Accepts Medicaid and Commercial Insurances

Child, Adolescent, and Family Therapy, Play Therapy, Grief Counseling, Narrative Therapy, Mindfulness-Based Stress Reduction

Georgetown Counseling Services

502-642-8046

Accepts Medicaid and Commercial Insurances

Trauma-Informed Therapy, Grief Counseling, PCIT, Play Therapy

Scott County

105 South Hamilton St.

Georgetown, KY 40324

Franklin County

306 West Main St McClure Building Suite 400,

Frankfort, KY 40601
