

Therapy Resources by County

Clark, Estill, Madison & Powell Counties

New Vista

24/7 Hotline: 800-928-8000

Accepts Medicaid, Commercial, and Private Insurances; sliding scale fees for uninsured
Psychiatric Services, Substance Abuse, Case Management

Clark County

859-744-2562

325 Professional Avenue,
Winchester, KY 40391

Estill County

606-723-5128

149 Richmond Road,
Irvine, KY 40336

Madison County

859-626-5030

411 Gibson Lane,
Richmond, KY 40475

Powell County

606-663-2274

438 Washington Street,
Stanton, KY 40380

Intrust Healthcare

859-252-0003

Also Serves Clark, Estill, & Powell Counties
Accepts Medicaid and Commercial Insurances
Trauma Informed Therapy, Grief Counseling,
Case Management, Substance Abuse,
Parenting Support, Couple Group & Family
Therapy, Problem Sexual Behavior Therapy

Madison County

859-575-1732

218 West Main St Suite 2
Richmond, KY 40475

Ampersand Sexual Violence Resource Center

859-253-2615

859-618-2045 (Madison Office)

2025 Regency Rd.

Lexington, KY 40503

Also Serves Clark, Estill, Madison, & Powell
Counties

Free Services

LGBTQ+ Friendly

Crisis Counseling, Individual Therapy, Group
Services

Counseling of the Bluegrass

859-377-5050

419 Main St,

Paris, KY 40361

Also Serves Clark County

Accepts Medicaid; offers sliding scale fee for uninsured

Case Management, Trauma Therapy, Family
Therapy, DUI Services, Grief Counseling,
Substance Abuse

National Youth Advocate Program

859-385-4669

7 Waveland Ave

Winchester, KY 40391

Accepts Medicaid and Commercial; offers a sliding scale fee

Trauma Informed Therapy, Family Counseling,
Individual Counseling

Marshall Pediatric Therapy

859-444-5330

1013 Center Dr.

Richmond, KY 40475

Accepts Medicaid and Commercial Insurances

Christian Orientation

Speech and Occupational Therapy, Family
Therapy, Parent Support

Therapy Resources by County

Clark, Estill, Madison & Powell Counties

Kentucky Counseling Center

855-591-0092
1500 Leestown Rd #232
Lexington, KY 40511
Also Serves Madison County
Accepts Medicaid and Commercial Insurances
LGBTQ+ Friendly
Psychiatric Services, Case Management

KVC Kentucky

859-254-1035
324 Highland Park Dr,
Richmond, KY 40475
Accepts Medicaid and Commercial Insurances
In-Home Services, Trauma-Focused Therapy,
Psychiatric Services, Case Management

Lexington Counseling and Psychiatry - Offices of Paul Dalton

859-338-0466
1043 Center Drive
Richmond, KY 40475
Accepts Medicaid and Commercial Insurances
Christian Orientation
Trauma Focused Therapy, Problem Sexual
Behavior Therapy, Play Therapy, EMDR

Mountain Comprehensive Care Center: Richmond Outpatient

859-575-1692
1001 Gibson Bay Dr #203,
Richmond, KY 40475
Accepts Most Insurances and Medicaid
General Mental Health, Individual Therapy, Grief
Counseling, Substance Abuse

Mindsight Behavioral Group

606-401-2966
600 Monticello Street, Suite 2
Somerset, KY 42501
Also Serves Madison County via telehealth
Accepts Medicaid and Commercial
LGBTQ+ Friendly
Trauma Informed Therapy, Grief Counseling,
Case Management, EMDR, Play Therapy,
School-Based Services, Mental Health
Assessments

EKU Psychology Clinic

859-622-2356
521 Lancaster Ave. Rowlett Building 104
Richmond, KY 40475
No Insurance - Cost of services is based on a
sliding scale
Individual Therapy, Family & Couples
Counseling, Assessments, Support Groups

Therapy Resources by County

Clark, Estill, Madison & Powell Counties

Parsons Counseling

859-985-7862

208 Kidd Drive, Berea KY 40403

451 Big Hill Ave, Suite 5, Richmond KY 40475

Accepts Most Insurances and Medicaid

Play Therapy, Trauma-Informed Therapy, Targeted Case Management

Nightingale Healthcare

(859) 756-3630

210 N Broadway Suite 1, Berea, KY 40403

LGBTQ+ Friendly

Parenting Assessments, Psychological Assessments, Individual Therapy

Mindful Past Counseling

859-248-4101

210 N Broadway Suite 1, Berea, KY 40403

Accepts Most Insurance

Outpatient Individual Counseling, Trauma Focused Therapy, Grief Counseling

Therapy With Alix

859-279-1858

210 N Broadway Suite 1, Berea, KY 40403

Accepts Commercial Insurances; offers sliding scale fee

LGBTQ+ Friendly

CBT, DBT, Narrative Therapy, Acceptance & Commitment Therapy
